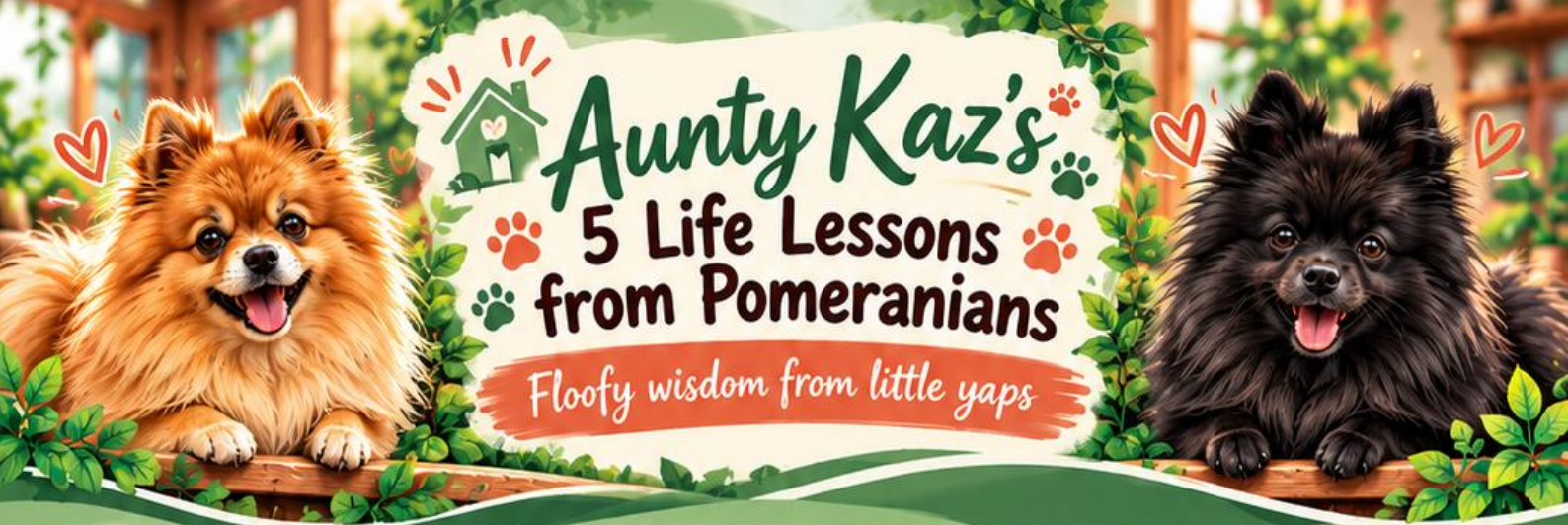




1

Always be bouncy and positive.

Start each day with enthusiasm and try to find something good in it – even when life doesn't go to plan.



2

Never underestimate the power of a good nap.

Rest isn't being lazy. Sometimes your body just needs a recharge.



3

Be ridiculously enthusiastic about the little things.

A walk. A treat. Someone coming home. Every day is an **EVENT**.



4

Don't waste energy worrying about what other people think.

If you want to bark at absolutely nothing, bark at absolutely nothing.



5

Love your people fiercely.

Be happy to see them. Stay close when they're having a bad day. And never underestimate the healing power of sitting beside someone on the couch.



Basically ... be more Pomeranian.